

April

Aging Ahead - Wentzville Senior Center

RESERVATIONS REQUIRED 636-327-8720

LUNCH IS SERVED 11:30-12:15

2025

Monday

Tuesday

Wednesday

Thursday

Friday

<p>31 Bison Burger W/Sharp White Cheddar Zesty Oven Baked Fries Sun Chips Fruit Juice</p>	<p>1 Chicken and Dumplings Beets Creamed Corn Mango Wheat Roll</p>	<p>2 Grass-Fed Beef Bolognese and Rotini Pasta Whole Grain Muffin Diced Pears Cup</p>	<p>3 Ancho Chile Glazed Chicken with Roasted Sweet Potatoes Poblanos and Cotija Cheese Granola Bar Fruit Juice</p>	<p>4 Baked Fish Roasted Asparagus Peas & Carrots Blackberries Lemon Pasta Vanilla Wafers</p>
<p>7 Italian Herb Chicken W/Parmesan Vegetable Risotto Sun Chips Mixed Fruit Cup</p>	<p>8 BBQ Chicken Breast California Blend Vegetables Baked Beans Watermelon Mac & Cheese Cornbread</p>	<p>9 Fiesta Turkey Chili W/Sweet Corn Gold Fish Apple Sauce</p>	<p>10 Porcini Top Sirloin Steak Roasted Root Vegetables W/Tomato Bacon Jam Granola Bar Diced Pears Cup</p>	<p>11 Cheese Omelet Sauteed Peppers & Onions Hashbrowns Apple Juice Strawberries Cinnamon Roll Cereal Bar</p>
<p>14 Cheesy Baked Hash Brown Breakfast Casserole Honey Graham Crackers Apple Sauce</p>	<p>15 Pot Roast Cheesy Ranch Roasted Potatoes Succotash Peach Cobbler Wheat Roll Graham Crackers</p>	<p>16 Parmesan Cornmeal Crusted Chicken Roasted Vegetables Sun Chips Mandarin Orange Cup</p>	<p>17 Rotisserie Turkey W/Sour Cream & Onion Potato Wedges Granola Bar Apple Sauce</p>	<p>18 Herb Crusted Baked Fish Roasted Cherry Tomatoes Sauteed Cabbage Grapes Hushpuppies Mac & Cheese</p>
<p>21 Chicken Satay W/Peanut Sauce Sun Chips Tropical Fruit Cup</p>	<p>22 Pesto Chicken Italian Vegetable Blend Harvard Beets Sliced Peaches California Pasta Salad Garlic Bread</p>	<p>23 Grass-Fed Bison Baked Ziti Casserole Whole Grain Muffin Mixed Fruit Cup</p>	<p>24 Shredded Steakhouse Grass-Fed Beef & Cheesy Loaded Mashed Potatoes Honey Graham Crackers Fruit Juice</p>	<p>25 Sour Cream & Onion Chicken Cheesy Broccoli Black Eye Peas Fruit Jello Wheat Bread Chocolate Muffin</p>
<p>28 Garlic Steak & Potato Skillet Gold Fish Tropical Fruit Cup</p>	<p>29 Spaghetti & Meat Balls Green Beans Grape Salad Garlic Bread</p>	<p>30 Bison Burger W/Sharp White Cheddar Cheese Zesty Oven Baked Fries Sun Chips Fruit Juice</p>	<p>60 AND OVER \$5.00 60 AND UNDER \$10.00 *PLEASE REMEMBER* TO RESERVE LUNCH ONE WEEK IN ADVANCE!!!</p>	<p>The suggested donation for all senior meals is \$5.00 All donations are appreciated!</p>

Daily Menus May Change Without Notice