

# April

## Aging Ahead St. Peters Senior Center

636-278-2410

### Senior Center Menu

# 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
	Thank you for the love and joy you bring into our lives. Like Easter's warm light your wisdom guides us, and your kindness blooms.	1	Meat Loaf Mash Potatoes Roasted Broccoli Wheat Roll Mandarin orange WG Muffin	2	Open Face Turkey Sandwich Garlic Green Beans Cheesy Cauliflower Honeydew Whole Wheat Bread	3	Lemon Pepper Chicken Roasted Root Veggies Pineapple Tidbits Wheat Roll Roasted Zucchini Fig Bars	4	Flounder fillet Roasted Asparagus Cali Blend Veggies Black Berries Lemon Pasta Vanilla Wafers
7	Ham Salad Sandwich Side Salad Broccoli Raisin Salad Croissant Grapes	8	BBQ Chicken Vegetable Blend Baked Beans Watermelon Mac and Cheese Corn Bread	9	Country Fried Steak Mashed Potatoes Creamed Spinach Fruit Cocktail Wheat Roll WG Muffin	10	Ground Pork Eggroll Bowls Stir Fry Veggie Blend Mandarin Oranges Fried Rice Wheat Bread	11	Egg Salad on Croissant Coleslaw Macaroni Salad Applesauce Garden Salad
14	Pot Roast Cheesy Ranch Potato Succotash Fruit Crisp Wheat Roll Graham Crackers	15	Ceaser salad Chicken Wrap Fresh Veggies Fruit and YoGurt Parfait Wheat Tortilla Wheat Crackers ColeSlaw	16	Chicken Broccoli Rice Casserole Butternut Squash Fruit Fluff Rice Bread Sticks	17	Ham Casserole Baked Potato Glazed Carrots Mixed Berries Wheat Bread Fig Bar	18	Herb Crusted Baked Fish Roasted Cherry Tomatoes Sauteed Cabbage Grapes Mac and Cheese HushPuppies
21	Scalloped Potatoes And Ham Brussel Sprouts Tropical Fruit Mix Corn Bread Dessing WG Rice Krispie	22	Pesto Chicken Italian Vegetable Blend Harvard Beets Sliced Peaches Califonia Pasta Salad Garlic Bread	23	Beer Batterd Cod Stewed Totamtoes Sauteed Spinach Mango Wheat Roll Brown Rice Pilaf	24	Pulled Pork Sandwich Tater Tots Fruit Crisp Wheat Bun Carrots	25	Sour Cream And Onion Chicken Cheesy Broccoli Blackeyed Peas Fruit in Jello Wheat bread WG Muffin
28	Popcorn Shrimp Red Beans W/ Rice Corn Wheat Bread Apricot Halves	29	Spaghetti And Meat Balls Green Beans Grape Salad Garlic Bread	30	Baked Ham Sweet Potato Fries Lima Beans Banana Pudding Wheat Roll Vanilla Wafers	Lunch is a suggested donation of 5\$ for 60+ All other meals are \$10. Please make reservations by 2pm the business day before.		Lunch is Served @ 11:30 daily, Service ends at 12.	



Daily Menus May Change Without Notice