

March	Aging Ahead- Quad Cities				2025				
	221 Bailey Road Crystal City, MO 63019								
	636-937-8333								
Tuesday		Wednesday		Thursday		Friday			
3	Crafts 9:30-11:15	4	Support Committee Meeting 9:30-10:30 Pickleball 10:00-11:30 Stretch Exercise 10:30-11:30	5	Non-denominational Bible Study 10:00-11:00	6	Crafts with/Shelley 10:00-11:30	7	Bingo w/Autumn Ridge 10:30-11:30
10	Crafts 9:30-11:15	11	Pickleball 10:00-11:30 Stretch Exercise 10:30-11:30	12	Non-denominational Bible Study 10:00-11:00	13	Bingo w/Festus VFW 10:30-11:30 {Joyce Carr}	14	Drum Fitness 10:00-11:00
17	Crafts 9:30-11:15	18	Pickleball 10:00-11:30 Stretch Exercise 10:30-11:30	19	Non-denominational Bible Study 10:00-11:00	20	Bingo w/Festus VFW 10:30-11:30 {Sharon Kite}	21	Quarterly Birthday Party hosted by Sharon Kite/Trish Thias (Jan, Feb, March)
24	Crafts 9:30-11:15	25	Pickleball 10:00-11:30 Stretch Exercise 10:30-11:30	26	²² Non-denominational Bible Study 10:00-11:00	27	Bingo w/Festus VFW 10:30-11:30 {Trish Thias}	28	Jewelry Making and/or Adult Coloring 9:30-11:15
31	Crafts 9:30-11:15				Center hours of operation Monday through Friday 9:00 am - 1:00 pm		Lunch is served daily 11:30 The suggested donation for all senior meals is \$5.00 All donations are appreciated		