

December

South County Senior Center

225 Lemay Ferry Rd 314-631-8698

2024


Monday

Tuesday

Wednesday

Thursday

Friday

2	Lemon Pepper Fish Cream Style Corn Parmesan Tomatoes Pineapple Tidbits Mac and Cheese Cookie	3	Chicken Broccoli Rice Casserole Cauliflower Mango Wheat Roll	4	Cheese Ravioli Spaghetti Sauce Green Beans Fruit and Yogurt Parfait Garlic Bread	5	Ham and Beans Roasted Asparagus Cornbread Banana Vanilla Wafers	6	Open Faced Roast Beef Sandwich Au Gratin Potatoes Peas and Carrots Orange Juice Wheat Bread
9	Chicken Pot Pie Harvard Beets Creamed Spinach Pears Wheat Roll	10	Crab Cakes Lemon Pasta Roasted Potatoes Winter Mix Veg Strawberries Hush Puppies	11	Stuffed Pepper Refried Beans Peach Cobbler Tortilla Chips	12	BBQ Pork Riblet on a Wheat Bun Baked Beans Tater Tots Diced Peaches	13	Country Fried Steak with Cream Gravy Mashed Potatoes Roasted Broccoli Stewed Apples and Raisins Bread & Cookie
16	Cheeseburger Potato Wedges Green Beans Orange Wheat Bun	17	Herb Crusted Baked Fish Rice Pilaf Peas Carrots Cranberry Pineapple Gelatin Wheat Bread	18	Baked Chicken Sauteed Cabbage Winter Blend Vegetable Applesauce Biscuit Cookie	19	Pizza Casserole Spaghetti Sauce Lima Beans Fruit Cocktail in Jello Garlic Breadstick	20	Vegetarian Taco Skillet Potatoes & Peppers Stir Fry Blend Spanish Rice Mixed Berries Cereal Bar
23	Salisbury Steak with Mushroom Gravy Steamed Broccoli Mashed Potatoes Sliced Peaches Wheat Roll Vanilla Wafers	24	Pork Tenderloin with BBQ Sauce Roasted Root Vegetables Zucchini Fries Cinnamon Apples Muffin Biscuit	25	CLOSED 	26	Cheesy Ranch Chicken Mac and Cheese Peas Carrots Diced Pears Wheat Bread	27	Beer Battered Cod Bacon Ranch Corn Salad Breaded Okra Blueberry Cobbler Rice Pilaf Hushpuppies
30	Cheese Manicotti Spaghetti Sauce Key Largo Blend Veg Tropical Fruit Salad Garlic Breadstick	31	Sour Cream and Onion Chicken Baked Potato Pacific Blend Vegetables Applesauce Wheat Bread & Cookie	